



NATIONAL ASSOCIATION OF WOMEN IN CONSTRUCTION

Northeast Region 1 Spring Forum

April 17-18 Sheraton Suites Old Town Alexandria, VA

EVENT MENUS

April 17, 2015

Afternoon Break – “Cookies and Candy”

Home baked Cookies
Assorted Miniature Candy Bars
Ice Cold Milk
Traditional and Diet Soft Drinks
Regular and Decaf Coffee and Selection of Teas
Fresh Fruit

Welcome Party - “Dinner Buffet”

Cash Bar – Cheese and Fruit
Garden Salad
Grilled Hanger Steak
Parmesan Encrusted Chicken
Butternut Squash Ravioli
Rosemary Roasted Potatoes
Steamed Broccolini
Chefs Selection of Pies, Cakes and Tarts
Regular and Decaf Coffee and Selection of Teas

April 18, 2015

Breakfast – “Buffet”

Juice– Orange, Grapefruit, Cranberry
Sliced Fresh Fruit and Berries with Yogurt
Freshly Baked Croissants, Danish, Muffins
Fruit Preserves and Sweet Butter
Fluffy Scrambled Eggs with Fresh Herbs
Breakfast Potatoes
Crisp Bacon
Regular and Decaf Coffee and Selection of Teas

April 18, 2015 (cont.)

Morning Break

Regular and Decaf Coffee and Selection of Teas
Iced Tea with Lemon
Fresh Fruit

Lunch – “Sandwich Shop Buffet”

Soup de Jour
Fresh Field Greens with Feta Cheese, Dried
Cranberries and Maple Balsamic Dressing
Orzo Pasta Salad with Pesto, Crispy
Pancetta Lardoons, Sun Dried Tomatoes
and Spinach

Sandwiches:

- 1) Ham and Jack Cheese with Honey
Mustard, Lettuce, Tomato
- 2) Roasted Turkey, Swiss with Cranberry
Mayo
- 3) Grilled Vegetable Wrap with Fresh
Mozzarella, Zucchini, Yellow Squash,
Roasted peppers and Pesto Flavored
Dressing

Deli Pickles and Appropriate Condiments
NY Style Cheesecake, Chocolate Brownies
Regular and Decaf Coffee and Selection of Teas
Iced Tea with Lemon

Afternoon Break – “Tex Mex”

Tri Colored Crispy Tortilla Chips
Homemade Salsa and Guacalmole
Chili Con Queso
Mini Beef Empanadas
Traditional and Diet Soft Drinks
Fresh Fruit